



## LOS ANGELES COUNTY COMMISSION ON HIV

3530 Wilshire Boulevard, Suite 1140 • Los Angeles, CA 90010 • TEL (213) 738-2816 • FAX (213) 637-4748

<http://hiv.lacounty.gov>

# EXECUTIVE COMMITTEE

## MEETING AGENDA

Monday, April 24, 2017 | 1:00pm – 3:00pm

Commission on HIV (COH) Offices  
3530 Wilshire Boulevard, Suite 1140  
Los Angeles, CA 90010

*All Committee Meetings Will Begin at Their Appointed Times;  
Participants Should Make Every Effort to be Prompt and Ready.*

AGENDA ITEMS	MOTION(S)	Reporting/ Presenting Parties	TIMES SCHEDULED
1. Call to Order		B Land/R Rosales, Co-Chairs	1:00pm — 1:02pm
2. Approval of Agenda	MOTION #1	Committee	1:02pm — 1:05pm
3. Approval of Meeting Minutes	MOTION #2	Committee	1:05pm — 1:07pm
4. Public Comment <i>(Non-Agendized or Follow-Up)</i>		Public	1:07pm — 1:10pm
5. Committee Comment <i>(Non-Agendized or Follow-Up)</i>		Commission Members/Staff	1:10pm — 1:13pm
6. Executive Director's Report		C Barrit, MPIA, Executive Director	1:13pm — 1:30pm
7. Co-Chairs' Report		B Land/R Rosales, Co-Chairs	1:30pm -- 1:35pm
8. Division of HIV/STD Programs (DHSP) Report		M Pérez, MPH, Director, DHSP	1:35pm — 1:55pm
9. IAB Report		A Ballesteros, MBA/B Gordon Co-Chairs	1:55pm — 2:00pm

## Executive Committee Meeting Agenda

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AGENDA ITEMS		MOTION(S)	Reporting/ Presenting Parties	TIMES SCHEDULED	
<b>10. Standing Committee Reports</b>			<b>Committee</b>	2:05pm --	2:50pm
<b>A Planning, Priorities and Allocations (PP&amp;A) Committee</b>			<b>A Ballesteros, MBA/J Brown, Co-Chairs</b>		
(1) Fiscal Year (FY) 2017-18 Prevention Planning					
(2) RWPY 26 Preliminary Closing Expenditures					
(3) RWPY 28 Framework and Process for Priority- and – Allocation Setting					
<b>B Standards and Best Practices (SBP) Committee</b>			<b>J Cadden, MD/G Granados, MSW, Co-Chairs</b>		
(1) Prevention Standards					
(2) Housing Standards					
<b>C Operations Committee</b>			<b>T Bivens-Davis/K Stalter, Co-Chairs</b>		
(1) Policies and Procedures					
(2) Membership Management					
(a) 2017 Member Cohort					
(b) Membership Composition and PIR					
(c) Membership Recruitment, Engagement & Retention					
(3) Community Engagement Workgroup					
(4) Training/Orientation					
<b>D Public Policy Committee</b>			<b>A Fox, MPM/W Watts, Esq., Co-Chairs</b>		
(1) Healthcare Landscape					
(2) 2017 Legislative Docket Development					
<b>11. Caucus, Task Force and Work Group Reports</b>			<b>Committee</b>	2:50pm —	2:55pm
<b>12. Next Steps</b>			<b>Committee</b>	2:55pm —	2:58pm
<b>A Task/Assignment Recap</b>					
<b>13. Announcements</b>			<b>Committee and Public</b>	2:58pm —	3:00pm
<b>14. Adjournment</b>			<b>B Land/R Rosales, Co-Chairs</b>		3:00pm
<b>PROPOSED MOTION(s)/ACTION(s):</b>					
<b>MOTION #1:</b>	Approve the Agenda Order, as presented or revised.				
<b>MOTION #2:</b>	Approve the Executive Committee meeting minutes, as presented.				

## Executive Committee Meeting Agenda

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EXECUTIVE COMMITTEE MEMBERS:			
Brad Land, <i>Co-Chair</i>	Ricky Rosales, <i>Co-Chair</i>	Al Ballesteros, MBA	Traci Bivens-Davis
Jason Brown	Joseph Cadden, MD	Raquel Cataldo	Kevin Donnelly
Aaron Fox, MPM	Grissel Granados, MSW	Joseph Green	Mario Pérez, MPH
Kevin Stalter	Will Watts, Esq.		
<b>QUORUM</b>	<b>8</b>		

### ALL AGENDA ITEMS ARE SUBJECT TO ACTION ☐ PUBLIC COMMENT WILL BE INVITED FOR EACH ITEM

The Commission Offices are located in Metroplex Wilshire, one building west of the southwest corner of Wilshire and Normandie. Validated parking is available in the parking lot behind Metroplex, just south of Wilshire, on the west side of Normandie. Interpretation services for the hearing impaired and translation services for languages other than English are available free of charge upon request. To arrange for these services, or for additional information about this committee, please contact Dawn McClendon at (213) 639-6716 or [dmccclendon@lachiv.org](mailto:dmccclendon@lachiv.org).

Servicios de interpretación para personas con impedimento auditivo y traducción para personas que no hablan Inglés están disponibles sin costo. Para pedir estos servicios, póngase en contacto con Dawn McClendon al (213) 738-2816 (teléfono), o por fax al (213) 637-4748, por lo menos cinco días antes de la junta.

### NOTES on AGENDA SCHEDULING, TIMING, POSTED and ACTUAL TIMES, TIME ALLOTMENTS, and AGENDA ORDER

Because time allotments for discussions and decision-making regarding business before the Commission's standing committees cannot always be predicted precisely, posted times for items on the meeting agenda may vary significantly from either the actual time devoted to the item or the actual, ultimate order in which it was addressed on the agenda. Likewise, stakeholders may propose adjusting the order of various items at the commencement of the committee meeting (Approval of the Agenda), or times may be adjusted and/or modified, at the co-chairs' discretion, during the course of the meeting.

If a stakeholder is interested in joining the meeting to keep abreast of or participate in consideration of a specific agenda item, the Commission suggests that the stakeholder plan on attending the full meeting in case the agenda order is modified or timing of the items is altered. All Commission committees make every effort to place items that they are aware involve external stakeholders at the top of the agenda in order to address and resolve those issues more quickly and release visiting participants from the obligation of staying for the full meeting.

External stakeholders who would like to participate in the deliberation of discussion of an a posted agenda item, but who may only be able to attend for a short time during a limited window of opportunity, may call the Commission's Executive Director in advance of the meeting to see if the scheduled agenda order can be adjusted accordingly. Commission leadership and staff will make every effort to accommodate reasonable scheduling and timing requests—from members or other stakeholders—within the limitations and requirements of other possible constraints.



## HIV and Aging In Los Angeles – The Healthy Living Project

Keshav Tyagi, MPH

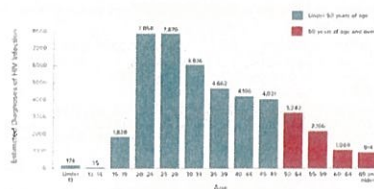
## Outline

- HIV and Aging Statistics
- Clinical Considerations
- Mental Health, Substance Use
- The *Healthy Living Project*

APLA  
Health

## HIV and Aging – National Scope

Estimated Diagnoses of HIV Infection by Age, 2014, United States



The Aging of the HIV Epidemic in the US  
CDC Surveillance Data



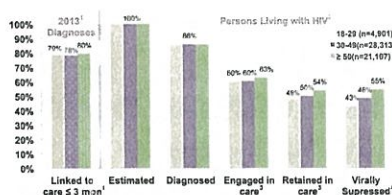
- According to the CDC
  - Adults 50 and older accounted for 17% of estimated new HIV diagnoses (in 2014)
  - Adults 50 and older accounted for 50% of total PLWHA in the USA (in 2015) nationally
    - This is expected to increase to 70% by 2020

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## HIV and Aging – Los Angeles (end of 2016)

- Of the estimated 53,000 PLWHA in Los Angeles County
  - 45% are ages 50 and over (~24,000 PLWHA)
  - This number will increase ~30% by 2025 based on current statistics



<sup>1</sup> Data for 2013 are preliminary; denominators include 679 persons ages 18-29, 519 ages 30-49 and 239 50+ who were reported with a new HIV diagnosis in 2013 and were living in LAC as of 12/31/2013.  
<sup>2</sup> Includes persons diagnosed through 2013 and living in LAC as of 12/31/2013 based on most recent residential address; additional 15% that CDC estimates are elsewhere of HIV status; 4,511 persons who no longer live in LAC are not included and 5,967 persons who moved to LAC were included.  
<sup>3</sup> Engaged in care = > 1 CD4 VL/Gene test in 2013; Retained in care = > 2 CD4 VL/Gene test at least 3 months apart.  
<sup>4</sup> Viral suppression defined as VL < 200 copies/mL.

Priority Populations	Number out of older PLWHA (%)
Gay and Bisexual Men (MSM)	17934 (~75%)
Cisgender Women	2670 (~11%)
Transgender Women	207 (<1%)
Hispanic/Latino (all-inclusive)	8223 (~34%)
Heterosexual Men	3169 (13%)

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## Clinical Considerations

- Chronic HIV/Inflammation
- Long-term Impact of ARV Therapy
- Polypharmacy
- Co-Morbidities

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## Chronic HIV/Inflammation

- HIV-infected persons have persistent, low-grade inflammation and immune activation, which is associated with –
  - Cardiovascular Disease
  - Osteoporosis
  - Anemia
  - Physical function impairments and frailty
- Unclear what the specific effects of this are, but it is agreed upon to have a negative health impact



## Long-term Impact of ARV Therapy

- ARV adherence is critical in maintaining the health of HIV-infected persons. But it is important to consider adverse health effects
  - Increased risk of heart attacks, heart disease, and cardiovascular disease
  - Medication side effects – lipodystrophy, osteoporosis, pancreatitis, peripheral neuropathy, VAT
  - Increased risk of depression and psychiatric problems with age
- Adherence is a lot better with adults over the age of 50.
  - However, adherence becomes negatively affected by factors such as declining cognitive abilities, pill fatigue, barriers to medical/social services, and economic insecurity



## Polypharmacy

- Definition – the concurrent use of multiple medications
- With older PLWHA, HIV medications are taken with other medications for non HIV-related diseases
  - Concerns with drug-drug interactions
    - HIV medications lose efficacy, and have increased toxicity on the body



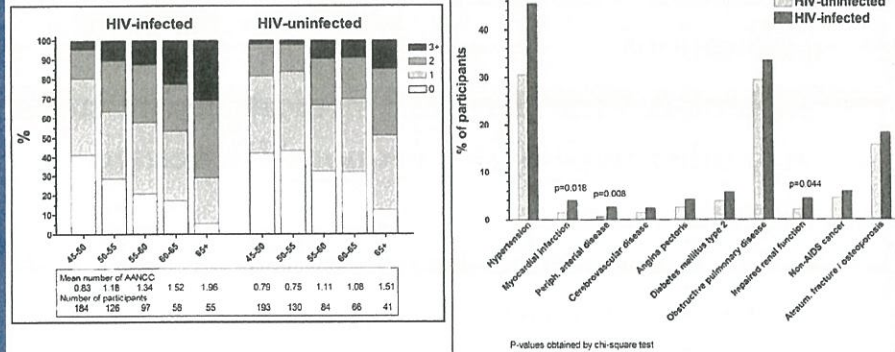
## Co-Morbidities

- Older PLWHA experience age-related diseases early (type II diabetes, osteoporosis, non AIDS-related cancers, fractures, kidney/organ issues)
- Even with adherence to ART, age-related diseases can still happen, and negatively affect health much more
  - More than half of deaths among PLWHA in the USA are from age-related comorbidities, rather than AIDS-related complications (Swiss Cohort Study)





## The ATHENA Cohort



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## Mental Health Considerations

- High rates of depression and anxiety
- Social isolation is a big concern
  - LGBT elders more likely to be single and live alone
  - Correlated to decreased health and quality of life
  - Fear of rejection and stigma in senior care settings for being LGBT and/or being HIV+ (by both residents and providers)

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## Substance Use

- LGBT individuals and older PLWHA report high rates of substance use
  - Crystal meth → depression, mania, and psychosis
  - Marijuana, alcohol, cocaine → depression
  - Tobacco → lung cancer, respiratory impairment
- Drug-drug interactions between prescribed medications and illicit substances



## Sexual Health

- Assumption that older adults aren't sexually active...
  - Conversations about sexual health aren't common between older PLWHA and providers
- Higher rates of condomless sex reported
  - Vaginal tearing in women post-menopause
  - Unaware/unfamiliar with PrEP to protect partners





## APLA's Response – The Healthy Living Project

- Funded by Gilead Sciences Inc.
- Collaborators – California State University, Dominguez Hills & the AIDS Coordinator's Office of the City of LA
- Project Aims
  - To learn about where and what type of services older adults living with HIV receive in LAC and how to disseminate program information to them.
  - Understand barriers and challenges older adults living with HIV/AIDS experience in LAC;
  - Understand experiences with HIV care and support services and identifying service gaps for this population in LAC;
  - Explore possible program activities/strategies that older adults living with HIV perceive will assist them with managing the psychosocial and physical complexities of aging with HIV.



## The Healthy Living Project: Activities

- Focus Group Discussions
  - 3 focus groups for 5 priority populations (MSM, transgender women, cisgender women, heterosexual men and monolingual Spanish speakers)
    - 15 groups from October 2016-June 2017
- Current status
  - Completed focus groups with MSM and cisgender women, and currently recruiting transgender women and heterosexual men



## Results - MSM

- Overall, grateful to have survived the AIDS crisis and still be alive
  - Concerned with affordable housing, finances, and being alone as they get older
- What they want – a one-stop shop that houses medical services, case management, housing and financial counseling services



## Results – Cisgender Women

- Cisgender women have faced much trauma in regards to HIV, and struggle to navigate HIV services, which are often inaccessible to women
  - Nonetheless are grateful for any and all assistance they are given
- What they want – more services targeting women with HIV, their needs as primary caregivers, and social support groups for other HIV+ women to gather and share



## QUESTIONS?







# 2017 MEMBER COHORT

\* Newly Appointed

Updated: 4-20-2017

COMMISSION MEMBER	SEAT	RENEWING	APPLICATION/ SELF ASSESSMENT REG'D	INTERVIEW
Deborah Owens Collins, PA, MSPAS, AAHIVS	City of Long Beach	YES*		
Derek Murray	City of West Hollywood	YES		
LaShonda Spencer, MD	Part D Representative	YES		
Joe Cadden, MD	Provider Representative #1	YES		
Miguel Martinez, MSW, MPH	Provider Representative #3	YES		
Terry Goddard, MA	Provider Representative #5	YES		
Terry Smith, MPA	Provider Representative #7	NO		
Michele Daniels	Unaffiliated Consumer, SPA 1	YES		
Jason Brown	Unaffiliated Consumer, SPA 3	YES		
Yolanda Sumpter	Unaffiliated Consumer, SPA 5			
Raphael Péna	Unaffiliated Consumer, SPA 7			
Jose Muñoz	Unaffiliated Consumer, Supervisorial District 1			
Juan Riveja	Unaffiliated Consumer, Supervisorial District 3	NO		
Thomas Puckett, Jr.	Unaffiliated Consumer, Supervisorial District 5	YES		
Joe Green	Unaffiliated Consumer, At-Large #2	YES		
Bridget Gordon	Unaffiliated Consumer, At-Large #4	YES		
Will Watts, Esq.	Board Office 2 Representative	YES		
Ace Robinson, MPH	Board Office 4 Representative	YES*		
Rebecca Ronquillo	HOPWA Representative	YES		
Matthew Emons, MD, MBA	Local Health/Hospital Planning Agency	YES*		
Eric Paul Leue	HIV Stakeholder Representative #4			
Traci Bivens-Davis	HIV Stakeholder Representative #6	YES		
Michelle Enfield	HIV Stakeholder Representative #8	NO		

**\*Newly Appointed**

[illegible]

# Opportunity to Serve....



## Los Angeles County Commission on HIV

Join the Los Angeles County Commission on HIV and help plan for the effective delivery of services for impacted populations. Be a part of the legacy to end HIV/AIDS in Los Angeles County.

To apply, complete a Membership Application Form online (<http://hiv.lacounty.gov/About-Us>).

For assistance, please call (213) 738-2816 or email [hivcomm@lachiv.org](mailto:hivcomm@lachiv.org)

Mailing Address: 3530 Wilshire Blvd, Suite 1140, Los Angeles, CA 90010

Treat HIV

Beat HIV

Planning for  
Healthier  
Communities

